

**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of the Mental Health, Dementia, Learning Disability and Autism (MHDLDA) Alliance

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>5 December 2023</b>
Subject:	<b>Adult Community Mental Health Transformation</b>

**Summary:**

*Our report to the Board will include the following elements:*

- The NHS England Roadmap
- Our Achievements
- Benefits of ACMH Transformation in Lincolnshire
- 'No Wrong Door'
- How We Are Achieving This?
- Mental Health & Wellbeing Community Investment Scheme
- New Roles
- Night Light Cafes and Wellbeing Hubs/Satellites/outreach
- How Are You Lincolnshire?
- Co-Production Network
- Trauma Informed Approach
- What's Next?

**Actions Required:**

Update to note.

**1. Background**

The NHS Long Term Plan and Mental Health Implementation Plan made a renewed commitment to improve and widen access to mental health care and set out plans to improve how the NHS treats people with severe mental illness, including during crisis. In 2019 Lincolnshire was one of 12 national early implementer sites for adult community mental health transformation and has gradually led a phased programme of work to ensure an increase in mental health provision at a locality level with a specific focus

on those individuals who experience serious mental illness. This piece of work is underpinned by a trauma informed approach and is therefore designed to ensure there are no cliff edges, seamless transitions and that care is centred around the person. At the heart of this programme has always been people with lived experience; ensuring that services are led by people and not just about people. Experts by experience are embedded across every facet of the programme and as such Lincolnshire is recognised by NHS England as an exemplar site for the work that it has done to realise and embed this new way of working.

## 2. Conclusion

This is an ongoing transformational change programme that is operating within the newly formed Lincolnshire ICS. Much progress has been made across the county and a range of initiatives, pathways, and new ways of working have all contributed to change, which continues to be developed and embedded. Partnership working and relationships are at the centre of the programme's success.

## 3. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

We have considered the following issues raised in the Lincolnshire JSNA:

- Sustained increase in demand for all services
- 75% unemployment for those with SMI
- Lower Life Expectancy for those with SMI
- 40% of GP appointments related to mental health (2018)
- Significant increase in adult eating disorder referrals
- Lack of county wide personality disorder service
- Suicide rates in Lincolnshire remain significantly higher than the England average
- Lack of community assets on the east coast
- General and workplace wellbeing has deteriorated during the pandemic

## 4. Consultation

This programme has not engaged in formal consultation, but it is a multi-stakeholder programme, including people with lived experience.

## 5. Appendices

These are listed below and attached at the back of the report

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| 1. | ACMH Transformation Nov 23 – slide deck. |
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## 6. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Sara Brine, Head of Mental Health Transformation NHS Lincolnshire ICB and Victoria Sleight, Head of Adult Community Mental Health Transformation, LPFT , who can be contacted on: [sara.brine1@nhs.net](mailto:sara.brine1@nhs.net); [Victoria.sleight@nhs.net](mailto:Victoria.sleight@nhs.net) .

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